



Nombre / Name:

De / From: A / To:

Lunes Monday	Martes Tuesday	Miercoles Wednesday	Jueves Thursday	Viernes Friday	Sabado Saturday	Domingo Sunday
A	A	A	A	A	A	
SOPA DE POLLO Chicken Soup PECHUGA DE POLLO EMPANIZADA Breaded Chicken Breast BANANA BANANA PAN Bread POSTRE Dessert	FRIJOLES COLORADOS Red Beans Soup ARROZ BLANCO White Rice JAMON EN SALSA Ham in Sauce PLATANOS MADUROS Sweet Plantains PAN Bread BANANA Banana	TAMAL EN CAZUELA Tamale Casserole ARROZ BLANCO White rice MASAS DE CERDO ASADAS Roasted Pork Chunks PAN Bread POSTRE Dessert	SOPA DE RES Beef Soup ARROZ BLANCO White Rice ROPA VIEJA DE RES Shredded Beef BONIATO FRITO Fried Sweet Potatoes PAN Bread POSTRE Dessert	CONGRIS Red Beans Rice HAMBURGUESA DE PAVO Turkey Burger PLATANOS MADUROS Sweet Plantains PAN Bread POSTRE Dessert	PURE DE PAPAS Mashed Potatoes POLLO FRICASE Fricassee Chicken	
B	B	B				
ARROZ BLANCO White Rice HIGADO A LA ITALIANA Italian Style Liver PLATANOS MADUROS Sweet Plantains PAN Bread POSTRE Dessert	PURE DE PAPA Mashed Potatoes PESCADO AL HORNO Baked Fish PAN Bread POSTRE Banana	PASTA PENNE CON POLLO Penne Pasta with Chicken ROLLITOS DE POLLO Chicken roll PAN Bread POSTRE Dessert				
S	S	S	S	S	S	S
SANDWICH ITALIANO Italian Sandwich SOPA DE POLLO Chicken Soup PATATAS FRITAS Potato Chips POSTRE Dessert	SANDWISH DE PAVO Turkey Ham Sandwich CREMA DE FRIJOLES COLORADOS Red Beans Cream PATATAS FRITAS Potato Chips POSTRE Dessert	SANDWICH ITALIANO Italian Sandwich TAMAL EN CAZUELA Tamale Casserole PATATAS FRITAS Potato Chips POSTRE Dessert	PAN CON LECHON Pork Sandwich PATATAS FRITAS Potato Chips TAMAL EN HOJA Leaf Wrapped Tamale POSTRE Dessert	MEDIA NOCHE DE JAMON Y QUESO Ham & Chesse Sandwich TAMAL EN HOJA Leaf Wrapped Tamale PATATAS FRITAS Potato Chips POSTRE Dessert	PAN CON LECHON Pork Sandwich PATATAS FRITAS Potato Chips	MEDIA NOCHE DE JAMON Y QUESO Ham & Chesse Sandwich PATATAS FRITAS Potato Chips